



[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)

Can you believe we are into our Summer break for 2024, how the year has flown!

We hope 2024 has been a good year so far for all our clients and that you are enjoying your classes.

As with any business, there has been staffing and schedule changes during the year and throughout this you have remained loyal to Jessica Pilates.

This term we have welcomed Anneliese to our Monday evening class in Cobham, and Becky to our Thursday evening classes in Normandy. Coleena left us for Scotland, but with the wonderfully technology on offer, still teaches our Wednesday evening Zoom class!

And a very big hug and cuddles goes out to Jenny on the birth of her beautiful baby girl, Ophelia Rose.



Thank you to those who are already booked to attend Summer Series classes over August (Zoom or Face2Face) – if you haven't yet, then you can still book a place until 24 hours before the start of the class.

Face2Face classes are only running on Fridays in Camberley and Onslow Village, but there is a comprehensive Zoom timetable. [A Zoom](#)

class will only run if there is 3 or more booked on the class. Our Summer Series class schedule:

DAY	TIME	VENUE	INSTRUCTOR
Monday	09:30-10:30am	Online Zoom	5+12 th -Megan; 19 th -Lisa
Tuesday	6:30 - 7:30pm	Online Zoom	Coleena
Wednesday	09:30-10:30am	Online Zoom	7 th +14 th +21 st Lisa; 28 th -Nikki
	6-7pm		Becky
Thursday	6:30-7:30pm	Online Zoom	Coleena
Friday	8:30-9:30am	Online Zoom	Iryna
Saturday	09:15 – 10:15am	Online Zoom	10 th – Iryna;17 th -Anneliese;24 th -Iryna;31 st -Anneliese

Even if you have never attended a Zoom class, we encourage you to give it a go!(Full details and assistance available)

Our Term Dates going forward: Face2face and Zoom classes

Summer Term: 9th September(**Monday**) – 17th December(**Tuesday**)

Half term: 28th October – 02nd November

Winter Term: 6th January'24 (**Monday**) – 7th April(**Monday**)

Half term: 17th – 22nd February'24

Half Term = NO classes to run (Zoom or Face2Face)

For future date details please see the Jessica Pilates website:

<https://www.jessicapilates.co.uk/classes/face-to-face-class-timetable/> or

https://www.jessicapilates.co.uk/classes/online-zoom-live-class-timetable

!

We would like to thank you for your support and look forward to providing quality Pilates training to everyone.

Yours in Pilates



Nikki & instructors